

High Performance Shooting Team Level I (HP-1)

The HP-1 Team welcomes all participants, regardless of age or experience. All USCTA members will participate at this level, with practices occurring once a week on Saturday. Coaches provide instruction on the fundamentals of shotgun sports focusing on foot position, break points, hold points, focal points, vision, gun mount and movement to the target. Athletes will learn safe gun handling techniques, range etiquette, and firearm care. Competitions will consist of in-state opportunities. The HP-1 Team is an excellent option for young people new to shooting sports or who are involved in several sports.

The HP-1 team season runs from October 1, 2016 through April 29, 2017.

Participation Numbers

- Eight Athletes – USCTA Home Range

Program Fees

- \$125/month

Additional Fees

- Coach Travel
- Competition Coaching
- Training Camps
- Private Training

Training

- Two hours of ISSF Certified coach supervised training on Saturdays from 9:00 AM until 11:00 AM.
 - Form Training
 - Combination Training to determine discipline
 - Sport specific Trap, Double-trap and Skeet training
- Vision Training – USCTA Program
 - Coach Supervised and Athlete Driven Programs
- Sport Mental Training
 - USOTC/ISSF Coach Driven Program
- Gun Fit Monthly as needed

Match Travel**

- **USA Shooting Florida State Junior Olympic Championships**
- **SCTP State Championship**
- *SCTP National International Championships*

Team Equipment Required*

- Coach Prescribed Shotgun
- Training Uniform
- Training Equipment

**Additional charge*

***Required competitions subject to Minimum Travel Qualification Scores*